

Henderson Castle

KALAMAZOO



Spice Seared Opa Fish

with fresh vegetable salsa, Jerusalem couscous and a raspberry ginger beurre blanc.

INGREDIENTS:

- 2 Opa Steaks (6-8 oz.)
- Spice Mixture
- 1 tsp. Coriander
- 1 tsp. Salt
- 1 tsp. Paprika
- 1 tsp. Dill (fresh or dried)
- 1 tsp. Chives
- Fresh Black Pepper

Avocado Salsa:

- 1 Avocado (medium, fine dice)
- 1 Roma Tomato (seeded)
- ½ Cucumber (peeled & seeded)
- Parsley or Cilantro
- Radish Strips
- Olive Oil
- Lime Juice

DIRECTIONS:

Prepare 1 cup dry couscous according to package instructions, substituting chicken or vegetable stock. Chop and add the following: 1 Tbsp fresh parsley, 1 Tbsp fresh cilantro, 1 Tbsp fresh basil. Prepare Avocado Salsa. Set aside.

Prepare the Raspberry Ginger Beurre Blanc. Simmer the juice of 1 lemon and ½ cup white wine with other ingredients, reserving the butter. Simmer until reduced by 2/3 and then slowly incorporate butter until smooth, slightly viscous consistency is reached. Set aside.

Prepare the Spice Mixture. Rub spice mix liberally over top and bottom of the Opa steaks. Preheat cast iron skillet. Once hot, add 1 Tbsp

canola oil. Sear both sides of the Opa for 1½ to 2 minutes per side. Finish in an oven, preheated to 375°F for approximately 8-12 minutes, depending on size. Serve over herbed couscous, and finish with the avocado salsa and beurre blanc. Enjoy.

RASPBERRY GINGER BEURRE BLANC

- 1 Lemon
- ½ C White Wine
- ½ Shallot
- (2) ¼ inches slices of ginger
- 4-5 Peppercorns
- ½ C Unsalted Butter (cubed, room temp.)
- Zest of 1 Orange
- Fresh Raspberries
- Bay Leaf



CHEF TOD KLOOSTERMAN


Chef Tod Kloosterman, a native of southwestern Michigan, actually spent his formative years as a cook in Sarasota, Florida, for over a dozen years before returning to live and work

in the Kalamazoo area in 2005. He has worked lengthy stints in such notable area restaurants as The Union, Oakwood Bistro and Aries Café & Bistro in Plainwell. Joining forces with Head Chef Francois Moyet in early 2013 at Kalamazoo's landmark destination, the Henderson Castle, Kloosterman believes the combination is a good one.

"It was a great opportunity to meld my knowledge of American eclectic and Mediterranean cuisine with a truly classic French background, and the castle is a beautiful space to put it all on display."

Focusing on bending the traditional aspects of French cuisine without sacrificing technique and presentation, Chef Tod promises many great things to come at Henderson Castle.

"We've got a new kitchen going in this spring, and the potential for growing our own food on the grounds is exciting. At this point, definitely, the sky is the limit."




Henderson Castle

B&B, Restaurant & Spa
100 Monroe Street • Kalamazoo
(269) 344-1827

"Incredible Bed and Breakfast! Beautiful! Great staff, great everything. The rooms are amazing!"
- Sam

Frank Henderson's Room Restaurant




Under New Ownership
Francois Moyet
French Master Chef and Naturopath

"Henderson Castle is located at the top of the 'Hill' in Kalamazoo. It is nestled in an area of lovely older homes near two universities, just blocks west of downtown Kalamazoo. The rooms (with private baths) are all different, and the views are stunning."
- Jewels


"You really feel like you traveled back in time to stay at the home of royalty. Incredible details, gracious service and a delicious breakfast, beautiful grounds would also make this an awesome wedding spot."
- cbb, Long Island, NY

www.hendersoncastle.com


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